

POSAC 2020

Pune Orthopedic Society's Annual Conference

THEME : INFORM | INVOLVE | EVOLVE

21st & 22nd MARCH 2020

VENUE : HOTEL SHERATON GRAND, PUNE

MMC points
applied

International &
National faculty

Pre conference
workshops

Online registration is available at :
www.posac2020.com | www.puneortho.org



WELCOME MESSAGE



I, on the behalf of POS, welcome you all for this annual gathering in large numbers. While thinking about the Theme of POSAC 2020, we have realised that Pune City is catering many Super speciality meets of International Standards like Pune Knee Course, Pune Shoulder Course , Pune Trauma Course, Pune Hip Course, Foot & Ankle **Course** ,Shoulder Conclave, Weekend Spine Course etc . Apart from many of workshops, Meet the master etc, So there is enough stuff for all the specialities. Hence, we are thinking the theme which should be of great help to a General Orthopaedic Surgeon in his day to day life.

I am sure all of you will learn orthopaedics & allied through Video techniques & illustrations, Discussions & Talks

Looking forward to learn & enjoy with YOU



- **Dr. Shrinivas Shintre - (President - POS)**

Dear friends,

I wish everyone a very happy and prosperous new year. Let us begin this year with our annual meeting of POS. Our diligent members and fellow doctors with their profound knowledge and years of experience form the backbone of POS. We have had an exemplary past when it comes our events and we hope to set the bar even higher this year. This year's central theme is '**Involve , Inform , Evolve !!!** **Everything about fractures & much more** .being a very crucial aspect of our field heightens the excitement for the event. The eager await will soon be over and we hope you will be there to join us and help to make yet another success this year.



- **Dr. Sanjay Patil - (Secretary - POS)**

DAY 1



08.00 - 09.00 AM **Free Papers Session**

09.00 - 10.00 AM **Shoulder Symposium**

9.00 – 9.10 AM Shoulder Cases in OPD

9.10 – 9.20 AM X-Ray Shoulder – How to get it right?

09.20 - 09.30 AM How to read MRI of Shoulder

09.30 - 10.00 AM **Debate** – Management of 4 part fracture Proximal Humerus

6 min – ORIF

6 min – Hemi

6 min – Reverse Shoulder

6 Min – Pannel Dicusion

10.00 - 11.00 AM **Elbow Trauma Symposium**

10.00 - 10.10 AM Edited Video for T-Y fracture elbow

10.10 - 10.20 AM Shear Fracture L/E Humerus –

10.20 - 11.00 AM Pannel Discussion with ARS on cases of fractures around Elbow

6 cases – each case 6-10 mins discussion

11.00 - 12.00 PM **Bailout situation in Trauma Symposium**

11.00 - 11.20 AM How to Remove a impacted nail?

11.20 - 11.40 AM How to remove a broken screw or drill bit?

11.40 - 12.00 Noon Neck femur fracture during Nailing Shaft Femur fracture

12.00 - 12.30 PM **Oration**

12.30 - 01.15 PM **Tumour Symposium**

12.30 - 12.40 PM Pathological fractures

12.40 - 12.50 PM How to investigate Neoplastic bone tumours in Adults?

12.50 - 01.00 PM Ideal Biopsy – Video

01.00 - 01.15 PM Mis-diagnosed cases – Where did I miss it?

01.15 - 02.00 PM **LUNCH**

02.00 - 03.00 PM **Spine Symposium**

02.00 - 02.10 PM Interesting cervical spine case

02.10 - 02.30 PM Role of MIS in thoracolumbar fractures-is there any advantage
-MIS VS Open -DEBATE

02.30 - 02.40 PM Interesting thoracolumbar Fracrure spine case



02.40 - 03.00 PM

Osteoporotic compression fractures-rationale of conservative ,vertebroplasty vs stabilization-Debate

03.00 - 04.00 PM

Periprosthetic Fractures Management Symposium

03.00 - 03.10 PM

Knee Replacement in Tibial Fracture with OA Knee

03.10 - 03.20 PM

Intra Operative epicondylar fractures during TKR

03.20 - 03.30 PM

Hemiarthroplasty for IT fractures

03.30 - 04.00 PM

Case based discussion

04.00 - 05.00 PM

Pelvis Acetabular Trauma Symposium

04.00 - 04.10 PM

Video demonstration of Posterior Approach

04.10 - 04.20 PM

Video – Iliofemoral approach

04.20 - 04.30 PM

Video – Stopps

04.30 - 05.00 PM

Case based discussion

05.00 - 06.00 PM

Invited Lectures

05.00 - 05.20 PM

Radial Head fractures – Recent trends

05.20 - 05.40 PM

Flaps in Orthopaedics

05.40 - 06.00 PM

How to manage Vascular injury with fractures?

06.00 - 06.45 PM

Inauguration

06.45 - 07.30 PM

GBM

07.30 PM Onwards

GALA Dinner

DAY 2



09.00 - 10.00 AM **Dr Agashe Best Paper Session**

10.00 - 10.45 AM **Hand Symposium**

Tips and Tricks for Common Hand and wrist Fractures

10:00 – 10:06 AM	How to Take proper X-Rays?
10:06 – 10:12 AM	How not to miss scaphoid fractures?
10:12 – 10:18 AM	How to treat PIP fracture dislocation?
10:18 – 10:24 AM	How to apply cast / splints(thumb spica , short arm cast, ulner gutter splint)?
10:24 – 10:30 AM	How to treat mallet. Buttnear and Jersey finger?
10:30 – 10:36 AM	How and when to give injection for trigger finger , CTS, tennis elbow?
10:36 – 10:45 AM	Fractures of the metacarpa and phalinx – when and how to conserv and operate?

10.45 - 11.45 AM **Arthroscopy Symposium**

10.45 - 11.05 AM	Video demonstration of ACL Avulsion fracture fixation scopic assisted
11.05 - 11.25 AM	How to fix ACL avulsion from femoral attachment
11.25 - 11.45 AM	Root Repair – Video

11.45 - 12.45 PM **Foot & Ankle Symposium**

11.45 - 12.05 PM	How to take x-rays and their interpretation in Foot & Ankle trauma?
12.05 - 12.45 PM	Case based dicussion

12.45 - 01.15 PM **Guest lecture**

01.15 - 02.00 PM **LUNCH**

02.00 - 03.00 PM **Paediatric Orthopaedic Symposium**

02.00 - 02.40 PM	Delayed presentation of Paediatric fractures
02.40 - 03.00 PM	Tip and tricks of common paed fractures video presentations - Hip Spica application - Supracondylar fracture with pucker sign - ORIF Lateral condyle fracture - Radial neck fracture fixation - Irreducible distal radius metaphyseal fracture

03.00 - 04.00 PM **Lower Limb Trauma Symposium**

3.00 – 3.10 AM	Video demonstartion PFN
3.10 – 3.20 AM	Video demonstation – S/C nail
3.20 – 4.00 AM	Case based Discussion

04.00 PM **Validictory**

PRE CONFERENCE - WORKSHOPS

Date : 20th March 2020



Workshop 1 : Knee Arthroscopy

Course Convener: Dr. Shantanu Deshpande, Dr. Amit Mahajan, Dr. Rohit Kulkarni

Venue: 4th Floor Conference Hall, Bharati Hospital, Katraj , Pune – 411 046

Registration Charges: Rs 1000 /-

Available Seats: 30 Seats. (No Spot Registration)

For Registration Contact : Ms Gauri - +91 70306 88181

Workshop 2 : Spine Fixation Workshop

Course Convener: Dr. Ajit Swami

Venue: Hitek Building, 6th Floor Conference Hall, D Y Patil Medical College, Pimpri

Registration Charges: Rs 1000 /-

Available Seats: 25 Seats. (No Spot Registration)

Registration Available till 29th Feb 2020

For Registration Contact : Dr. Keshav - +91 80957 14442 , Dr. Anzar - +91 96338 32568

Workshop 3 : Cadaveric (Appendicular Skeleton)

Course Convener: Dr. Shrinivas Shintre

Venue: Sasoon General Hospital, Pune

Registration Charges: Rs 3000 /-

Available Seats: 25 Seats. (No Spot Registration)

Registration Available till 29th Feb 2020

For Registration Contact : Dr. Prateek C. Joshi - +91 98508 34834

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